Riverside News



Issue 27 - March 2021 Spring Edition

Welcome from the new editor!

Hi,

My name is Natalie and I am the new editor of the Riverside News for Hilgay and Ten Mile Bank.

First and foremost, a big thank you to Dave and Val for all of their years of hard work as Editors of the Riverside News.

Secondly, as always, this is our community newsletter so please send in any ideas, information and articles you would like to see featured.

You can email me at hilgayparishnews@gmail.com

Happy reading!

Developing a more sustainable community

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Thanks to all of our contributors to this issue, especially Hilgay Parish Council for their support.

Your Parish Matters

CHAIR REPORT

Wow, what a year!

Hopefully we are at the beginning of the end of the restrictions caused by the pandemic, and your parish council has continued to operate virtually.

Looking forward, we will be working towards refurbishing the war memorial in Hilgay and a rededication ceremony once completed. (Which has been planned over many years).

We also are aiming to get the river field toilets up and running for the summer ahead. Hopefully, we may be able to register our river as a swimming one as it has been used as one forever.

Our parish annual meeting is fast approaching, should be May 13th for real, so keep a lookout for information on the noticeboards.

I would like to thank all our parish councillors and staff for all their efforts to keep our parish working and thriving.

Keep well,

Graham Carter

Chairman Hilgay Parish Council

P.s. Volunteers needed for speed watch and other things, if you wish to help, please get in touch.



Parish Council Meetings

Due to COVID restrictions, all parish council meetings will be via Microsoft Teams until further notice.

If you would like to attend any of this year's meetings, please contact the Parish Clerk:

hilgayparishclerk@hotmail.co.uk

All meetings are due to start at 7.00pm

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01-04-21		
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13/05/21	Annual General Meeting then Parish Council Meeting
03-06-21	
01-07-21	
05-08-21	

02-09-21

07-10-21

04-11-21

02-12-21

Hilgay & Ten Mile Bank Parish Councillors

Name	Telephone	email
Hilgay Ward		
Graham Carter - Chairman	07841 715464	
Annabel Charlesworth - Vice Chair	01366 377 218	annabelaundry@hotmail.com
Elaine Hall	07979 846755	elaine@tenmilebank.com
Peter Bates	01366 387 988	
Norman Highnam	07443 430195	norman.highnam@outlook.com
Jane Heatrick	01366 387 953	kipperheatrick@icloud.com
Peter Carter	01366 387 687	
Susan Annan	01366 385 303	Susanannan5@yahoo.co.uk

Ten Mile Bank Ward

Ryan Coogan	01366 377 912	cllr@cogan.email
Andy Greening	07980 813806	uax6@btinternet.com
Faye Coleridge	07577 367794	fayecoleridge@gmail.com

Parish Council Staff

Diane Farrow - Clerk	07706 345156	hilgayparishclerk@hotmail.co.uk	
Colin Wills – Maintenance Officer	07760 390 848		

Committees

Data Protection	Graham Carter, Ryan Coogan	
Finance & Resources.	Ryan Coogan	
Planning Policy	Elaine Hall, Graham Carter, Jane Heatrick	

Working Groups

Allotments	Peter Bates, Elaine Hall,
Footpaths	Susan Annan, Elaine Hall, , Norman Highnam, Gillian Harris
Tech – Comms	Norman Highnam – Faye Coleridge –Ryan Coogan
	Riverside News Editor Natalie Nabi
Planning	Andy Greening – Jane Heatrick
Finance	Ryan Coogan –Faye Coleridge – Graham Carter
War Memorial	Norman Highnam –Di Farrow – Graham Carter
Refurbishment	

Your County & Borough Councillors

County Councillor – Martin Storey	01842 828016 & 07850 866854
Cllr.martin.storey@west-norfolk.gov.uk	
Borough Councillor – Alan Holmes	01366 380 606 & 07885 258418
Cllr.alan.holmes@west-norfolk.gov.uk	



Getting to Know... Liz Truss MP

Our intrepid reporters caught up with Liz Truss, our local MP, and asked her a few questions in the first of our new Getting to Know You series...



Liz Truss MP

Member of Parliament for South West Norfolk Secretary of State for International Trade President of the Board of Trade Minister for Women and Equalities

Why did you become an MP?

I want people in Norfolk and UK to have more opportunities and a brighter future.

What is it like being a Norfolk MP?

It's fantastic. I really enjoy meeting people and helping to fix issues. It's very fulfilling when we manage to get something done like securing the future of RAF Marham or signing a trade deal.

What is your most memorable moment of being an MP?

Meeting the Queen to be sworn in as a Privy Councillor was a huge honour.

Who do you look up to and respect the most?

Difficult question - lots of people have been an inspiration from Margaret Thatcher to Gillian Shephard to Ronald Reagan.

If you could go back in time where would you go? The time of Elizabeth 1 would be interesting.

What is your favourite film? Vertigo

What is your favourite food? Roast beef

From Councillor Alan Holmes Borough Councillor for the Hilgay Ward of Hilgay Parish

Borough Council Matters

The Covid 19 pandemic

Your council continues to deploy staff away from day-to-day business to help:

- Queen Elizabeth Hospital,
- local immunisation centres
- local testing centres and,
- to support local businesses with amongst other things with government grants.

This means that there will be delays to some services routinely supplied by the Borough Council. Also, some Council meetings have had to be cancelled as they were last year. Overall, our aim is to keep the core services, waste collection and housing services for example, as near to normal as possible.

Waste Incinerator at Wisbech

At our most recent Full Council meeting on 25th February, a motion was passed about a proposed new waste incinerator at Wisbech. Your council resolved to write to object to this proposal which would be built just beyond the border of this council and Cambridgeshire. You may remember that we had a referendum several years ago which resulted in a clear local objection to a similar incinerator being built at Saddlebow in our Borough. Your council will continue to object to this new threat to local air quality in the strongest terms.

Other issues I thought might be of interest

Elections 2021 – your chance to change things.

When – Thursday 6th May 2021

For - Norfolk County Council and separately for the Police and Crime Commissioner.

I strongly believe that it is important for us all to vote at all elections. I don't care who you vote for – just vote. Though if I stand in your division for the Norfolk County Council election, I hope you will vote for me.

But you can only vote if you are registered to vote. Most people are and you will each get a polling card a few weeks before the date of the election. That will tell you when and where to vote.

If you are not sure if you are registered, contact West Norfolk and King's Lynn Council: 01553 616773. They can let you know if you are registered and explain how to register if you are not. You can register online and will need your National Insurance (NI) number.

When you are registered, you can get a postal vote, this saves you having to go in person. The deadline to apply for a postal vote for the upcoming elections is 5pm on Tuesday 20th April. You must also be registered to vote by midnight on Monday 19th April.

Don't wait: DO IT TODAY

Flooding

Recent events reminded us that the management and maintenance of drainage and river systems, as well as coastal flood defences, where we live are vital to our safety. Fortunately, these have stood up well to the very severe rainfall we experienced in autumn/winter 2020/21, following very heavy rainfall in autumn/winter 2019/20. Unfortunately, some properties in the Borough were subject to localised flooding and I hope that those affected are getting back to normal as the worst of the rainfall seems now to have passed.

What I have now discovered is that there are gaps in coordination and coverage in our flood defences which contributed to some of the problems residents have experienced. Gaps and other coordination issues need to be made better for the safety of our communities. When all these systems work well, we take them for granted. When these systems are put under extreme strain their limitations become apparent to us.

I will be working with others to try to close the gaps in our defences and strengthen vulnerable areas. The Environment Agency is already starting a 15-year project to make sure that our drainage and river systems are as resilient as possible. They are also working with a range of organisations to take a very long term look at what needs to be done to maintain river and coastal flood defences for the next 100 years. This is very encouraging.

The likelihood is that unusual weather patterns will occur more often as the effect of climate change is felt. Warmer summers and wetter autumn/winters are likely to be more regular. West Norfolk is a fine place to live in and offers many benefits for residents. So, what can we as individuals do?

Preparation. Norfolk County Council is the Lead Local Flood Authority and has a very helpful series of pages on its website on how we can prepare. Encourage your local community groups to set up a system for self-help. Parish Councils can coordinate this. I believe Borough and County Councillors will need to work on this too and I will be doing a lot to make the coordination of work to reduce flood risk a high priority for the future.



General Matters



Help to run Hilgay Village Hall

We need more members and helpers to get ready and run for the future so everybody can enjoy this facility. This help is vital to ensure our regular coffee mornings, fitness sessions and film nights can continue, along with the many other community and private events.

Dave and Val who have been the stalwarts to keeping our hall running and thriving but need to take a step back, as Dave is not so well. We cannot thank them enough for all their hard work, it has been exceptional for our village and dearly wish them well.

If you are interested, please contact the Parish Clerk or any of the other Parish Council members. Call 07706 345156 or email hilgayparishclerk@hotmail.com

1 million trees for Norfolk

Opening in May, Norfolk County Council will be welcoming applications and offers of support to help achieve our ambitious plan to plant 1 million trees across the County, as part of our wider aims to deliver lasting environmental benefits throughout Norfolk.

By giving each County Councillor a budget to spend, we believe this will provide a strong local approach to best establish, nurture and maintain trees and hedges, working alongside our partners to ensure this is best delivered for each individual areas across Norfolk, not just adopting a one size fits all model, but a locally tailored approach.

With options including (but not limited to) planting more trees within hedgerows to setting up community tree nurseries, we look forward to welcoming applications and have provided a a map and documentation to help applications best plan where planting can yield the most benefit.

To find out more about NCC's planting ambitions and strategy please visit <u>1 Million Trees for Norfolk - Norfolk County Council</u>. If you would like to get in touch, please email Tom Russell Grant at tree.planting@norfolk.gov.uk.

Kind regards,

Cllr Andy Grant, Norfolk County Council Cabinet Member Environment and Waste



Lockdown and local livelihoods

COVID-19 has affected all of us, and thankfully there is an end in sight thanks to the vaccine and the impact of national lockdown. But we cannot ignore the significant impact the virus has had on local businesses and our community. We spoke to some of you to hear about your experiences during the latest lockdown...

Aneta Barham - A2B training Ltd.

I am the owner of A2B training Ltd company. I specialise in First Aid courses, including Paediatric First Aid, Mental Health First Aid but I also deliver Manual Handling & Health and Safety. During the first lockdown I created first aid books for kids which will be published soon. I am also working on projects like colouring books and brochures. I also deliver First Aid courses for mental health and I am a clinical trainer, so I've been lucky to work through the lockdown as care staff still need their qualifications. I run zoom sessions and support local businesses by promoting them on social media and always there for those who need a chat or gain qualifications in subjects I provide.

Ted & Rachel - Turn To Ted

One minute we were so slow, we could get our 'own' jobs done around the house & the next so busy we were drafting people in to cope with demand. We indeed count ourselves very fortunate that throughout we could pay the bills though. Along with all the normal measures in place for Covid busting, we have also adopted a new way of paying. We got a card reader so we could do chip & pin or contactless transactions, we were finding that a lot of our shielding customers did not want to leave their homes or even come to the door, in fear of the virus. A card reader allows us to stand outside our customers house and press the machine against their window, they can hold their card to the window & the payment is done -magic!

Louise Robinson - Puzzle Swap Downham

I became a wheelchair user last year aged 45 and had to give up my job as a cancer auxiliary nurse and became medically retired. I know first-hand how it feels to be shut indoors and I love the puzzle swap. It gives me a purpose and I'm helping people of all ages who are in the same position as me. I can still drive an automatic car and my husband goes to the door with bags of puzzles for people to choose. For me it's social too and seeing people's faces knowing we are probably the only people they have seen for a fortnight makes us both happy. The main thing people are surprised about is that it's free!

Hannah Cronin – Cronin's Canine Companions

We ran a very small dog daycare business. However, in March 2020 we had to close in the first lockdown. Since we reopened on 1st June, we have gained almost 25 dogs and will be almost at full capacity from May 2021. After waiting two years we have received news of full planning permission to be able to continue the business. The first lockdown gave us the time to recondition the inside and outside of the daycare. With the puppy boom we are almost full and very busy. I couldn't have done it without the kind words and support from the village!

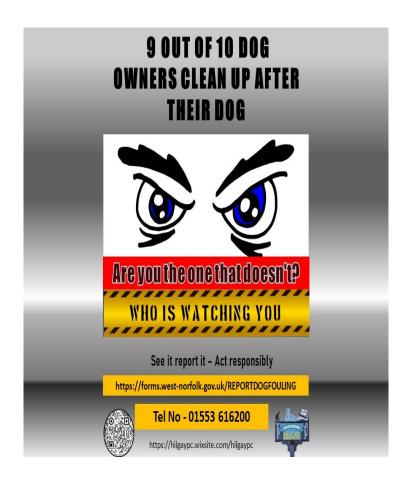
Sharon Hayns - FitSteps

Before the Covid situation I ran FitSteps classes in the village hall. With the new guidelines I will be able to start again from 30th March. For the time being I will be in the playground at Ten Mile Bank School and then in May will be able to move back into the village hall.

Keith Hemming – Emmo's paws and claws

Having been made redunadant during the pandemic and finding it difficult to get work, I have set up my own business in Hilgay and the surrounding areas doing Dog Walking, Pet Care and Vet taxi.





An important message about the COVID-19 Vaccine



Hi all, I am Sarah Hardy. I have lived in Hilgay for 9 years now and I am a Registered Nurse working at Addenbrookes hospital.

I wanted to share some FAQs about the COVID-19 vaccine to help people make an informed decision if they are struggling to decide if they should or shouldn't have the vaccine when it's offered to them.

Are the vaccines safe?

The Pfizer/BioNTech and AstraZeneca vaccines have been approved by the MHRA, the UK regulator, as safe and effective. They have gone through the same rigorous testing as other vaccines.

Will I become unwell after having the vaccine?

Like all vaccines, the COVID-19 vaccines can cause side effects, although not everybody gets them! Most side effects are mild or moderate and go away within a few days of appearing. Information on these if available in the medicine information sheet you will be provided with when you attend for your vaccination. Vaccinations can commonly cause a mild fever which usually resolved within 48 hours.

Will the vaccine give me COVID-19?

It is not possible for you to get COVID-19 from a vaccine, however it is possible that you were incubating COVID-19 prior to your vaccine.

How effective is the COVID-19 vaccine?

The MHRA have said this vaccine is highly effective, but to get full protection people need to come back for the second dose – this is really important. Full protection kicks in around a week or two after that second dose.

Is the vaccine vegan/vegetarian friendly?

There is no material of foetal or animal origin in either vaccine. All ingredients are published in healthcare information on the MHRA's website.

How was the vaccine developed so quickly?

Medicines, including vaccines, are highly regulated – and that is no different for the approved COVID-19 vaccine. There are a number of enablers that have made this ground-breaking medical advancement possible and why it was possible to develop them relatively quickly compared to other medicines.

- 1. The different phases of the clinical trial were delivered to overlap instead of running sequentially, which sped up the clinical process
- 2. There was a rolling assessment of data packages as soon as they were available so experts at the MHRA could review as the trial was being delivered, ask questions along the way and request extra information as need as opposed to getting all information at the end of the trial
- 3. Clinical trials managed to recruit people very quickly as a global effort meant thousands of people were willing to volunteer.

Who cannot have the vaccine?

People with a history of a severe allergy to the ingredients of the vaccines should not be vaccinated. The MHRA have updated their guidance to say that pregnant women and those who are breastfeeding can have the vaccine but should discuss it with a clinician to ensure that the benefits outweigh any potential risks.

I hope that some of these FAQs have answered some of your questions. This information has been sourced from the GOV website

www.gov.uk/government/publications/covid-19-vaccination-easy-read-

If you have any doubts or questions please seek advice from your GP!

I look forward to a time we can all socialise again and want to use this opportunity to thank you all for your continued support to the NHS, coming home on a Thursday night to hear the claps was amazing.

Sarah Hardy

(Dave Hardy painted the front cover picture for the team at Addenbrookes)

Have you got some news or a story you'd like to share with your neighbours? We want to hear from you!

Email hilgayparishnews@gmail.com

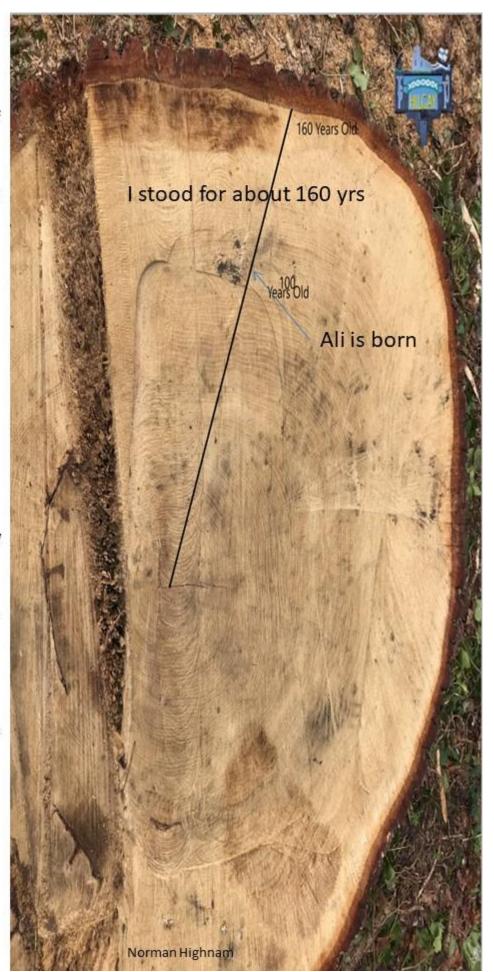
Hilgay Mill Hill Oak Tree

Sapling c1860 and 24
 November 1859

 Charles Darwin's 'On the Origin of Species' is published

 March 1894 Parish councils are created

- 22 January 1901 Victoria dies and is succeeded by Edward
- December 17, 1903, Wright Bros made four brief flights at Kitty Hawk
- 4 August 1914 Britain declares war on Germany ends 1919.
- 10 December 1936 Edward VIII abdicates in order to marry Wallace Simpson
- 3 September 1939 Britain declares war on Germany ends 1945.
- 5 July 1948 National Health Service is established
- 6 February 1952 Elizabeth II succeeds her father, George V
- 14 January 1963 France vetoes Britain's entry to the European Common Market
- 30 July 1966 England win the football World Cup
- 3 May 1979 Conservative Margaret Thatcher becomes Britain's first female prime minister
- 1989 Tim Berners-Lee invents the World Wide Web
- 11 September 2001 Islamic terrorists crash aircraft on targets in New York and Washington
- 23rd June 2016 UK Votes to leave the EU and departs on January 2020.
- November 2020 Tree allows us to see its journey in life.





Hilgay Village Hall Working for the Community



Hilgay Village Hall – Unavailable until further notice

All hire charge rates include heating, lighting, Wi-Fi and catering facilities. To book the hall, please ring 01366 388909

Village Hall Management Committee

Graham Carter	Home: 01366 385 063	Suzanne Carter	Home: 01366 385 063
	Mobile: 07841 715 464		Mobile: 07841 715 465
Di Farrow	Mobile: 07900 582887	Sheila Walker	Home: 01366 384031
			Mobile: 07737 993057
Dave Nicholls	Home: 01366 385234	Kim Nicholls	Home: 01366 385234
	Mobile: 07876 744548		

We would like to thank Dave and Val for all the hard work they have done over the last 8+ years.

The Village Hall Newsletter is not being produced at the moment but if you want to receive a copy in the future by email please go onto the Village hall website at www.hilgayvillagehall.co.uk and subscribe.

Hilgay Village Hall is owned and maintained by Hilgay United Charities (The Feoffees) and run by a volunteer management committee on a non-profit basis for the benefit of the community.



Ten Mile Bank Village Hall

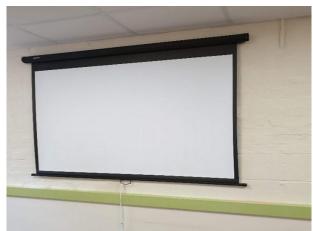
The Village Hall has recently been extensively refurbished with new suspender ceilings, lighting and heating. The floor has been cleaned and the walls freshly painted.

A projection screen has been installed and a high-definition projector is available for hire. Free broadband is also available for users of the hall.









Events in Ten Mile Bank Village Hall

Carpet Bowls – every Friday night at 7:00pm

To book the Village Hall for your:

- Birthday Party
- Anniversary Party, Children's Party,
- Club Meeting,
- Training Course,
- Coffee Morning,
- Craft Fair
- Keep Fit,
- Dance Class

or any other event please contact:

Jill Field 1, Watersmeet, Church Road, Ten Mile Bank 01366 377 640

All rates include heating, lighting, catering facilities and Wi-Fi.
The Hall is COVID-secure with hand sanitizers and a full risk assessment.

Defibrillator





I'm pleased to tell you that Ten Mile Bank now has a Defibrillator. It is a box attached to the external wall of the Village Hall.

When you have a medical emergency and you ring 999 for an ambulance, they will give you the code to open the external case so that you can take out the Defibrillator.

Ten Mile Bank Village Hall is owned and maintained by Hilgay United Charities (The Feoffees) on a non-profit basis for the benefit of the community.



Riverside Federation Hilgay & Ten Mile Bank School

Ten Mile Bank and Hilgay Riverside Academies

It has been a strange time in school as most of our learning has been happening at home! Our children and their families did a fantastic job of learning a whole new way of working. The children enjoyed live Zoom lessons, as well as sessions recorded by their own teachers, and some learning from other sources too. The children did phonics, English, Maths, Science, History, Geography and Music amongst other learning. There were many challenges along the way (mainly due to technology) but they persevered and succeeded!

Finally we have the children back in the classrooms and are able to deliver our teaching in the way we enjoy best of all – face to face! The children are enjoying a full curriculum of Art, Design Technology, PE, History, Geography and Science as well as English and Maths. Recently, the children were busy writing about a strange sighting in the two villages – a giant! Footsteps were seen and photos were captured of this visitor which the children studied to support their fantastic work!

We are all looking forward to when school can return to 'normal' but for now, we are just enjoying being in the company of each other after weeks apart!

Kind regards

Lucy

Mrs Lucy Short Senior Office Administrator Ten Mile Bank and Hilgay Riverside Academies

Small schools providing opportunity; delivering challenge; building respect

Part of the DEMAT family of schools

Telephone: 01366 387685 / 01366 377310

Hilgay Methodist Church

Serving God and Serving the Community



CONTACTS

Revd Paul Critchley 01366 388766 (For enquiries about baptisms, marriages, bereavements, or funerals)

Mrs Pauline Driver – Church Steward 387317 (Bookings and details of Guild Meetings) Mrs Lesley Dent – Church Council Secretary 387337 (Enquiries about church events)



Rainbow Floral Tribute to NHS by Christine Whitehead on the altar at Hilgay Methodist Church

We hope it will not be long before we can open our doors for social events as well as services. This year should be a special one for us because 24th May 2021 will be the 150th Anniversary of the laying of the foundation stone of Hilgay Chapel.

We hope to hold a number of events later in the year to celebrate. The Methodist Church is still very active in West Norfolk as well as regionally and nationally but much of what we do is now online. In January, the East Anglian District launched an initiative called January Lights led by Dr Yasmin Finch (formerly of Downham Market). The idea was to reach out to those who might be feeling isolated and in need of support during lockdown including those without access to the internet. There is still information about useful contacts for people, who are feeling anxious or isolated, on the noticeboards outside the chapel as it is still relevant.

WORSHIP

Currently we only hold two services a month when we are able to open for worship. For times and dates of services, please look at the church notice board or ring me, Lesley Dent on 01366 387337.

Unfortunately, we now have to ask people to book a seating bubble if they wish to come to a service or other event.

If you interested in joining in Zoom worship, there are details of various options on the plan of services displayed in covered noticeboard at the chapel or you can ring me for details.

This is his Life

From 20 to 30 — If a man lives right It's once in the morning & twice at night From 30 to 40 — If he still lives right The misses a morning & sometimes at night From 40 to 50 - It's just now and thenFrom 50 to 60 - It's God knows when From 60 to 70 - If he's still inclined, -But don't let him kid you It's still in his mind. his sporting days are over his little light is out What used to be his sex appeal Is now his water spout. It used to be embarrassing To make the thing-behave For nearly every morning It stood and watched him shave But now it's getting older

Amen & Druse

To have it dangling down his legs. And watch him clean his shoes.

It sure gives him the blues



St Mark's, Ten Mile Bank





Last year's fundraising started off with a huge bang as we all stomped the night away in the Village Hall to music provided by The Vintage Blues Company. All fundraising then fizzled out as lockdowns came into force, although small amounts of money were raised by the sale of crafts. Funds were recently boosted by Mary's Easter bumble bees which sold like hot cakes.

Despite the restrictions, limited amounts of work continued within the Church. New curtains were hung in the vestry and 2 chairs were reupholstered and are available for those who find pews difficult to access. Over the summer the St Mark's bell rope was repaired and the bell can now be rung before our twice monthly Sunday services, as and when they are allowed to take place. Many thanks to the Village Hall Committee for their wonderful donation to this cause.

The Quinquennial Report was carried out by the Diocese in August. This is a comprehensive survey of the Church, which highlighted a number of areas that are in need of restoration. Unfortunately, we have very limited funds, so we are not able to carry out all of these works at this point in time. The most important piece of work is our 5 yearly electrical test, which will have to be undertaken once lockdowns lift.

We also hope to cut back some of the trees in the Churchyard during the coming months, as this will open up the approach to the Church door. The electricity supply to the Church was breached due to the tree growth, so the wire had to be re-routed in order to restore the supply to the Church.

We are looking forward to being able to start our fundraising efforts again later this year and we would ask that Villagers support us in our efforts, in order for the Church to remain a viable presence within our Community.

"A merry heart does good like medicine." – Proverbs 17:22 Services will be held at 11am on the 2nd and 4th Sunday of the month once lockdown lifts.

All Saint Church, Hilgay



A Church service was held on Easter Sunday the 4th April by Fr David Addington with a social distanced congregation. With further services to follow – watch the notice boards.

This medieval church was restored in 1862 by G.E. Street. The interior dates to the 14th century. The arcade was remodelled in the 15th century. The aisle retains its original roof. The tower was built in 1794. Outside there are several 18th century gravestones. An Early Saxon pot was found in the churchyard in 1879 with an iron spearhead, remains of a wooden haft and an iron pin. These objects may have accompanied an Early Saxon burial



A place full of local history that relies on your local support thank you to Church Warden Peter Bates for keeping the Church ready for the community to use.

HILGAY UNITED CHARITIES

Further Education and Apprenticeship Grants

Hilgay United Charities (The Feoffees) offer Further Education and Apprenticeship Grants to persons living in the Parish of Hilgay and Ten Mile Bank

The grants are available for the purchase of tools, books, equipment or uniform required for Starting Work, Apprenticeships, Training Schemes or Higher Education

If you wish to be considered for a grant, please write for an application form to the Clerk to the Charity

Mr AJ Hall, Windrush, Church Road, Ten Mile Bank
Downham Market PE38 0EJ

Or send an email to hilgay.feoffees@aol.com

Conditions of Application

Grants are available to all persons aged 16 or over

Applicants must live in the Parish of Hilgay, including Ten Mile Bank

Applicants must have been on a course or in training for a period of at least three months

Applicants must be able to demonstrate that their training or course is being accomplished in a satisfactory manner

Previous applicants can apply to continue their courses or training

Grants cannot be used for accommodation, tuition fees or travel costs

Hilgay United Charities are registered with the Charity Commission - No. 208898

USEFUL CONTACT DETAILS

HILGAY

Hilgay Riverside Academy	Office	01366 387 685
Friends of Hilgay Riverside	Hayley Burton	07748 164536
Academy		
St John's Ambulance	Peter Taylor	01366 324 558
Parents & Toddlers	Cheryl Nadin-Hurley	07305 314 886
Hilgay Silver Band	Shona Lidgey	07885 712636
(free tuition & instruments		
available)		
Hilgay Good Companions Club	Peter Bates	01366 387988
(over 55s Club)		
Hilgay Methodist Church	Pauline & David	01366 387 317
	Driver	01366 387 337
	Lesley Dent	
Hilgay Carpet Bowls	Val Gooding	01366 385 806
All Saints' PCC	Peter Bates	01366 387 988
Hilgay Playing Field/River Field	Colin Wills	01366 377 743
TEN MILE BANK		
Ten Mile Bank Riverside	Mrs Lucy Short	01366 377310
Academy		
Friends of Ten Mile Bank	Jessica Rolph	01366 377 774
Academy		
Ten Mile Bank Village Hall	Jill Field	01366 377 640
Bookings		
St Mark's Church Ten Mile Bank	Father Alan Davies	01553 810 675
OTHER CONTACTS		
Hilgay United Charities	Tony Hall	hilgay.feoffees@aol.com
		07900 518153
Neighbourhood Watch	Nigel Congdon	07798 700561
(Hilgay)		ncongdon@hotmail.co.uk
Neighbourhood Watch	Colin Wells	07760 390848
(Ten Mile Bank)		c.wills669@btinternet.com

If you think a child or vulnerable adult is at risk of County Lines, criminal or sexual exploitation in Norfolk:

Call 0344 800 8020 and speak to someone at Norfolk Children's Advice and Duty Service (CADS) Ring 101 to speak to Norfolk Police - Operation Gravity.

- In an emergency always dial 999.
- Ring 0800 555 111 for Crime stoppers or contact them via the Crime stoppers website

The ROSE Campaign (Reaching Out on Sexual Exploitation) is a registered charity that can also help.

Adverts





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Baytree of Hilgay Farm Shop, Garden Centre and Barn Restaurant.

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ELIZABETH TRUSS MP



Elizabeth Truss MP is your local Member of Parliament for South West Norfolk

Elizabeth regularly holds surgeries across the constituency and attends meetings with Parish Councils. She can be contacted via email, post or telephone to help you with any enquiries or to make surgery appointments.

Elizabeth Truss MP House of Commons, London, SW1 0AA Tel:01842 766155/0207 219 7151 Elizabeth.truss.mp@parliament.uk www.elizabethtruss.com



Riverside News Advertising

The Parish Council have decided that as from 01 June 2020 if you would like to advertise for the next year the advertising rates for Riverside News will be as Follows:

Quarter page advert £20 a year for up to 6 issues Half Page Advert £30 a year for up to 6 issues Full Page Advert £40 a year for up to 6 issues

Charity Event £5 an advert New Business One free advert

Hilgay Cinema Free full-page advert per issue Hilgay Village Hall Free full-page advert per issue

Commercial adverts for activities in Riverside Academy premises will be charged according to the size of the advert.

No deductions will be made for pro rata requests.

The Parish Council will start invoicing at the beginning of May 2021 for payment by 30th June 2021. They will remain mindful of payment terms given the current climate on an individual basis.

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Riverside News Summer Edition will be release is June 2021 so please get all adverts and stories to the editorial team as soon as you can.

We would like to thank all the supporters in helping to get the Spring Edition ready for release.

Email hilgayparishnews@gmail.com